**Uganda – IPT-G Tx Role-Play 2**

Initial group session: Ground rules setting & IPT focus (assessing relationships)

# Instructions for Mental Health and Psychosocial Support (MHPSS) Provider

**You are meeting the clients whom you prepared for group IPT for their initial session today.**

**In this role play, you have** already greeted each other, introduced group members to each other and talked about depression. Likewise, you have also discussed depression and the IPT problem areas that the group members are facing.

In 10 minutes, discuss how IPT works and guide members to cover the group rules. Focus on:

* **Giving material goods**
* **Attendance**
* **Dropping out of the group**

Ask the group members to generate other group rules. In this role play, also demonstrate your group facilitation skills and foster group empathy

Instructions for Client Actor: Role-Play 2, Narrative 1

You and the MHPSS provider have begun Session 2 of IPT-Group. In this role play, you have already greeted each other, been introduced to each other in a group, learned about the program, discussed your problems, and have been diagnosed with depression.

The MHPSS provider begins to discuss how the group IPT works and guides all your group members to cover group rules. The MHPSS provider first mentions some examples, like:

* **Giving material goods**
* **Attendance**
* **Dropping out of the group**

Based on the MHPSS provider’s introduction and the questions he/she asks you, the following information can help to direct your responses:

* When the MHPSS provider asks you to add more ground rules, explain to him/her about how you have been betrayed by the Nigina group members.

*I was a member of the women’s Nigina group. One day i got money which i did not want to declare to my husband. A group member on her way back home met my husband and disclosed my secret. When he returned, he demanded for the money and I kept denying that I had any money. I was beaten until i dug out the money from the pot I had buried.*

* When the MHPSS asks for ground rules from others, say “*counselor before we resolve the issue of secrecy, I am leaving the group right now. He he you people I was beaten!”*
  + **If prompted further**, explain to the provider how keeping time is very important because the chosen time is close to lunch time when children come back from school
  + Then allow others to contribute
  + I**f prompted** **further**, explain that there are some members of the group whom you know that will never keep secrets and that you are worried and fear you may not tell your issues in a this group

**Then, the MHPSS provider** assesses relationships

Instructions for Client Actor: Role-Play 2, Narrative 2

You and the MHPSS provider have begun Session 2 of IPT-Group. In this role play, you have already greeted each other, been introduced to each other in a group, learned about the program, discussed your problems, and have been diagnosed with depression.

The MHPSS provider begins to discuss how the group IPT works and guides all group members to cover group rules. The MHPSS provider first mentions some examples, like:

* **Giving material goods**
* **Attendance**
* **Dropping out of the group**

Based on the MHPSS provider’s introduction and the questions he/she asks you, the following information can help to direct your responses:

* When the MHPSS provider asks you to suggest more ground rules;

*Mention that late comer should pay fine just as you will face off with your husband when you return home late*

* **If prompted further**, explain to the provider that you already told him about your husband and by now he should know what goes on in her life. For that matter, you accepted to be in group to get help but not to waste time and drink hot soup

I**f prompted** **further**, ask members if they commit to keep time, and say otherwise you will leave now.

* **IF/WHEN the MHPSS provider asks** about any other fears you have, add another rule. For example: No one should allow his family member to join the group without other members’ permission and this applies to the VHT (he never keeps secrets)

**Then, MHPSS** assesses relationships